

		100		Long jump		200 H		Shot put		5000		800		High jump		400		Hammer Throw		3000 steeplechase		
Senior men	total																					
Ralph Jacobs	10416	12.40	574	5.70	523	27.08	681	9.57	460	18,48.53	494	2,14.26	674	1.90	714	55.72	570	21.96	223	11,35.21	585	
Lukas van der Storm	9851	12.00	651	5.76	535	29.27	542	7.13	315	17,44.44	605	2,06.91	768	1.65	504	53.95	642	14.19	103	11,02.13	667	
Ralph Uenk	9567	11.86	679	5.98	582	30.06	495	8.69	407	17,56.91	583	2,06.42	775	1.60	464	54.01	639	19.36	182	11,36.54	581	
Bart van Amelsvoort	9427	12.04	643	6.10	608	29.07	554	9.09	431	19,22.91	438	2,26.51	530	1.70	544	58.37	470	19.45	184	12,06.80	511	
Cédric Bouele	9399	12.57	543	5.28	437	27.96	623	7.89	360	17,46.28	602	2,14.54	671	1.45	352	58.39	470	23.08	241	11,09.62	648	
Joni van Loon	9371	12.25	603	5.66	514	28.60	583	8.60	402	18,39.00	510	2,21.94	582	1.80	627	59.63	426	14.96	115	11,58.47	530	
Sebastian Krehan	9274	12.43	569	5.59	500	29.98	499	10.52	517	20,46.10	317	2,10.81	718	1.70	544	54.87	604	30.28	355	13,11.97	373	
Jelle Hanswijk	8584	12.66	527	5.22	425	30.40	475	8.27	382	18,55.50	482	2,13.50	684	1.60	464	55.61	575	15.23	119	11,13.26	639	
Stijn Rutten	6705	13.52	383	4.50	290	30.24	484	9.02	427	19,18.62	445	2,21.76	584	1.50	389	62.82	322	13.68	95	13,07.05	383	
Alexander Oldenmenger	6481	13.25	426	5.36	453	31.18	432	11.65	585	22,47.13	173	3,04.59	187	1.65	504	65.37	249	18.06	162	14,47.80	208	
Jeroen Vis	6345	12.25	603	5.15	411	30.02	497	9.52	457	23,29.46	132	2,20.72	596	1.55	426	61.27	371	20.12	194	16,03.70	110	
Neil Edwards	5099	13.14	444	4.77	339	30.54	467	10.27	502	25,17.97	51	3,27.84	59	1.55	426	72.28	94	23.97	255	16,28.33	85	
M35-39																						
Serge De Smedt	8292	12.28	628	5.66	550	29.97	548	10.32	528	20,56.04	310	2,25.04	594	1.55	457	58.74	532	23.61	260	13,42.06	360	
M40-44																						
Heiko Strüber	9418	13.67	451	5.14	502	31.33	539	7.63	395	18,58.29	550	2,24.60	656	1.50	441	62.47	468	16.48	170	11,49.73	674	
M45-49																						
Mariano Pizzini	9415	14.11	449	4.16	345	34.38	449	9.41	565	19,08.92	602	2,22.00	746	1.55	544	65.45	439	17.76	224	11,47.67	760	
M55-59																						
Wim Threels	12615	12.93	804	4.93	688	31.12	774	9.02	574	19,37.11	711	2,25.84	834	1.50	661	60.56	760	0.00		12,50.85	794	
Men U20																						
Joey Blangé	9870	12.51	554	5.76	535	31.00	442	10.39	509	18,24.21	535	2,13.76	680	1.55	426	57.90	487	24.50	263	11,28.29	602	
Men U18																						
Ralf Nieuwenhuizen	8908	12.11	629	5.12	405	31.18	432	7.43	333	18,24.17	535	2,05.84	782	1.50	389	54.97	600	20.47	200	11,45.75	559	
Senior women																						
Linda Rutten	7786	13.75	644	4.64	464	34.23	543	8.09	405	23,15.82	352	2,46.73	498	1.25	359	69.04	381	18.11	240	16,07.55	281	
Karin van Ham	5639	15.11	442	4.15	343	39.38	292	9.14	473	24,09.68	287	3,03.32	335	1.35	460	78.56	142	15.27	181	17,20.70	181	
Discus																						
Senior men	total	110 H		Throw		200 m		Pole Vault		3000 m		400 H		Javelin throw		1500 m		Triple jump		10000 m		
Ralph Jacobs	10416	17.17	607	27.61	418	25.20	589	2.80	309	11,01.13	517	61.34	562	37.30	403	4,59.22	564	11.55	408	43,10.61	541	
Lukas van der Storm	9851	20.70	296	19.10	255	24.57	643	2.10	159	10,06.06	680	64.57	459	23.15	204	4,33.41	722	12.04	464	40,42.50	637	
Ralph Uenk	9567	21.11	267	25.11	369	25.13	595	2.30	199	10,34.50	593	66.89	391	33.23	345	4,54.56	591	10.33	280	42,56.53	550	
Bart van Amelsvoort	9427	18.31	495	25.32	373	24.62	638	3.20	406	11,11.74	487	69.91	310	34.00	356	5,15.76	472	12.02	462	43,52.04	515	
Cédric Bouele	9399	19.19	416	22.03	310	26.37	495	2.30	199	10,21.44	632	65.25	439	25.58	238	4,54.89	590	11.43	395	38,16.69	738	
Joni van Loon	9371	20.18	335	20.61	284	25.61	555	2.90	333	10,49.43	550	68.32	352	40.40	448	5,00.85	555	11.51	404	40,03.99	663	
Sebastian Krehan	9274	19.48	391	28.18	429	25.41	572	3.80	562	12,16.90	326	71.95	260	37.87	411	5,04.61	533	11.04	353	45,59.12	441	
Jelle Hanswijk	8584	22.17	198	16.22	202	25.95	528	0.00		10,38.30	582	67.54	373	31.21	316	4,44.64	651	10.69	316	40,29.07	646	
Stijn Rutten	6705	22.37	186	26.93	404	28.03	375	0.00		12,03.09	358	75.24	188	36.20	387	5,26.51	417	8.96	153	46,08.97	435	
Alexander Oldenmenger	6481	19.14	420	38.47	634	27.97	379	3.30	431	14,03.09	128	84.55	43	40.56	450	6,07.77	233	10.77	324	62,04.45	60	
Jeroen Vis	6345	22.04	206	19.80	268	25.82	539	2.30	199	13,31.74	178	73.97	215	22.70	198	5,39.64	353	9.52	202	54,51.12	190	
Neil Edwards	5099	19.49	391	26.81	402	29.38	288	3.20	406	14,28.50	93	93.05		39.83	440	6,48.68	101	9.57	207	62,55.67	49	
M35-39																						
Serge De Smedt	8292	20.50	326	30.00	473	27.14	470	3.40	469	12,38.06	294	69.86	377	30.47	311	5,58.63	283	10.01	250	51,32.07	272	
M40-44																						
Heiko Strüber	9418	20.02	425	24.54	406	28.15	459	3.10	439	10,59.86	601	71.79	410	30.68	346	5,17.40	547	9.94	318	42,27.79	621	
M45-49																						
Mariano Pizzini	9415	23.08	265	24.46	454	30.13	388	2.80	408	11,11.21	638	83.61	224	21.65	234	4,56.81	739	8.30	210	41,09.93	732	
M55-59																						
Wim Threels	12615	19.14	754	28.01	486	27.18	741	2.30	364	11,55.67	668	73.06	659	37.13	584	5,41.51	651	8.57	400	45,14.85	708	
Men U20																						
Joey Blangé	9870	19.26	410	27.48	415	25.99	525	2.30	199	10,29.61	608	65.59	429	40.74	453	4,47.01	637	12.64	535	40,59.07	626	
Men U18																						
Ralf Nieuwenhuizen	8908	20.81	288	20.23	276	24.45	653	2.00	140	10,29.66	607	69.96	309	23.95	215	4,34.23	717	9.64	213	40,59.05	626	
Senior women																						
Linda Rutten	7786	17.87	502	23.78	347	29.31	531	1.80	163	13,17.14	420	82.83	229	26.79	416	6,11.67	417	8.66	224	56,03.42	370	
Karin van Ham	5639	20.09	295	17.85	239	33.09	288	1.60	110	14,20.50	289	96.88	26	28.42	447	6,51.97	244	8.41	195	56,03.42	370	